

2024 Nyingchi, Xizang, Basum Tso International Rafting Open Event Introduction

I. Event Name

2024 Nyingchi, Xizang, Basum Tso International Rafting Open

II. Organizers

China Water Sports Administration, Xizang Administration of Sports, and the People's Government of Nyingchi City

III. Time and Place

Date: April 19 to 21, 2024

Location: Basum Tso National Forest Park (5A Tourist Scenic Spot) in Gongbo'gyamda County, Nyingchi City, Xizang, China

IV. Event Background

Nyingchi City, located in the southeast of the Xizang Autonomous Region, has unique natural scenery and abundant water resources, which make it to be an ideal place for rafting. Basum Tso, also known as "Tsogo Lake," is situated in the high mountain canyons which is in the upriver area of the Ba River, about 50 kilometers from Nyingchi City in Gongbo'gyamda County. It is a scenic area that integrates snow mountains, lakes, forests, waterfalls, pastures and cultural relics. The lake is approximately 18 kilometers long, covers an area of about 27 square kilometers, with a total area of 37.5 square kilometers. The average depth of the lake water is about 60 meters, with the deepest point reaching 120 meters, and the lake surface is at an elevation of 3480 meters. The lake is crescent-shaped, with clear waters and snow mountains reflected in its surroundings, offering high-quality scenic views. It is a national 5A-level tourist scenic area and national forest park. This international rafting open is an important part of the "Namjagbarwa High-Altitude Sports Festival," aimed at promoting the development of high-altitude sports tourism and fostering international water sports exchange and cooperation.

V. Competition Events

The open features three competitive events:

1. Still Water Double Kayak Sprint
2. Rapid Rafting Chase Race
3. Rapid Rafting Slalom

Each team consists of four members (men and women are not limited), participating

in all four competitions.

(a) **Still Water Double Kayak Sprint**

- Date: April 20, 2024, 10:30-11:30
- Location: The Forgotten Pier in Jieba Village, Basum Tso
- Length: 200 meters

Each participating team is divided into A and B groups, with two athletes in each group teaming up for the double kayak. Eight boats start at the same time, with rankings determined by combined timing.

(b) **Still Water Rafting Time Trial Race**

- Date: April 20, 2024, 11:30-12:30
- Location: The Forgotten Pier in Jieba Village, Basum Tso
- Length: 200 meters

All four paddlers from each rafting team participate and eight rafts start at the same time. The results determine the starting positions for the next day's downriver rafting race, with the longest time starts first.

(c) **Whitewater Rafting Downriver Race**

- Date: April 21, 2024, 10:00-12:00
- Location: Upper Ba River Section B (Tianyuan Dongma to Gala Village)
- Length: 8000 meters
- Difficulty: Class II whitewater

The starting order is determined by the previous day's still water time trial race results (longer times start first). Two teams start simultaneously, with the shorter time winning and rankings determined accordingly.

(d) **Whitewater Rafting Slalom**

- Date: April 20, 2024, 14:00-15:30
- Location: Upper Ba River Section A (Scenic Area Main Gate to Image Main Gate)
- Length: 3000 meters
- Difficulty: Class II whitewater

Teams start one after another, timing individually. Then navigate around specified floating objects and continue downstream, with rankings determined by finish times.

VI. Event Features

1. High-altitude Rafting: Located in the high-altitude Nyingchi area, challenging participants' physical fitness and skills.
2. Natural Scenery: The race route will show Nyingchi's unique natural landscapes, including snow mountains, forests, and canyons.
3. Cultural Exchange: A series of cultural activities will be held during the event to

show Tibetan culture and custom.

VII. Qualification

The competition is open to participants worldwide and the specific requirements will be detailed in the official competition rules. Applicants must be in good health and meet the competition criteria. Ages 18 – 60; however, the age limitation may be flexible if the athletes have similar sporting experience or past high-altitude competition experience after verifying by the organizing committee.

The organizing committee recommends that all participants should have necessary physical adaptation and self-examination within one month before the competition.

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