

# **IRF Certifications**

Raft Guide-Trip leader-Safety kayak-Instructor Level 3 and level 4

# From March 18 to 22, 2024 Dranses river, France

In association with:







# **TRAINING DETAILS**

# Training provider R3-FranceInstructorsHIRST Mark (GB) and GHIDINI Jerome (FRA)LocationOn the Dranses river, Haute-Savoie area, France<br/>(1h00 hour drive from Geneva)DateFrom Monday 18th of March 2024<br/>to Friday 22th of March 2024Availablequalifications<br/>Raft Guide (RG) level 3 and level 4<br/>Raft Trip leader (RTL) level 3 and level 4<br/>Safety kavak (SK) level 3 and level 4

Safety kayak (SK) level 3 and level 4 Raft Guide Instructor (RGI) level 3 and level 4 Safety kayak Instructor (SKI) level 3 and level 4

Langage English (and french)





# RATES

# 850,00 €/pers (850 CHF/pers)

# This includes:

training costs (instructor and training material) rafts and raft paddles river shuttles

# This do not include:

accomodation and meal transport to and from the site personal paddling gear (kayak and paddle for SK candidates) meals and accommodation (\*) IRF fees (\*\*)

(\*): possibility of half-board accommodation at the <u>Hotel Arc en</u> <u>Ciel</u> in a double room: **360.00 €/pers for 4 nights** 

(\*\*): IRF fees are not included in the course price and must be paid directly to R3-France at the end of the course, depending on the certifications acquired. For informations: RG: 40,00 € - RTL: 70,00 € - RGI: 130,00 € - Second qualification fee : 15,00 €



# PROGRAM

### Day 1: Monday, march 18, 2024

9:00AM Appointment IRF presentation Personal equipment and Irf river signals Pre-departure safety demonstration Paddling and guiding skills 12:00AM Lunch Paddling and guiding skills Swimming test Throwbag test 18:00PM End of day

### Day 2: Tuesday, march 19, 2024

9:00AM Appointment Rope work test Flip drill test Written theory test 12:00AM Lunch Pre-departure safety demonstration Paddling and guiding skills 18:00PM End of day



### Day 3: Wenesday, march 20, 2024

9:00AM Appointment
Trip leader assesment
12:00AM Lunch
Trip leader assesment
18:00PM End of day

### Day 4: Thursday, march 21, 2024

9:00AM Appointment
IRF instructor presentation (role/skills of an IRF instructor)
12:00AM Lunch
Teaching methods
Structure of a typical IRF training week for RG and SK
Setting up scenarios for RTL assessment
18:00PM End of day

## Day 5: Friday, march 22, 2024

9:00AM AppointmentIRF Instructor assessment12:00AMLunchIRF Instructor Assessment18:00PMEnd of day

This program is for guidance only and may be subject to change depending on weather conditions and water levels.



# **TERMS of PARTICIPATION**

### To take part in the course, participants must:

Be at least 18 years old;

Have paid the full course fee (50% deposit on booking, balance due no later than 7 days before the start of the course);

Present a valid first-aid certificate; Present their river log-book;

# RG and SK candidates will be assessed on these different skills:

Pre-departure safety demonstration; Paddling and guiding skills; Swimming skills; Throw baging skills; Rope work skills; Flipdrill skills; written theory test

RG and SK candidates will have to score a minimum of 3 points in each of the above skills to pass the assessment (see scoring system below).

RTL an RGI must score 4 to 5points in each assessment area of the guide assessment to progress to a RTL assessment.



# RTL candidates will be assessed on these different skills:

Pre-departure guide informations;

During a mock scenario assessment, the RTL will be assessed on those different criteria:

Situation assessment;

decision making;

Communication;

Conducting the rescue;

Flotilla management;

post scenario debrief.

RTL candidates will have to score a minimum of 3 points in each of the above skills to pass the assessment (see scoring system below).

RGI must score 4 to 5 points in each assessment area of the guide assessment to progress to a RGI assessment.

### RGI candidates will be assessed on these 2 tests:

2 x 30minutes presentation; Written theory test.

### SCORING SYSTEM

1 point = POOR (fail) 2 points = WEAK(fail) 3 points = SATISFACTORY (pass) 4 points = GOOD (pass) 5 points = EXCELLENT (pass)



# **GENERAL INFORMATIONS**

# What to bring:

Your personal paddling gear *(weather conditions and water temperature could be cold in the French Alps in March; drysuit or a good wetsuit is recommended);* 

Your rescue kit (throwbag, pulleys, carabiners, cord loops); A digital passport photo (\*); Your first-aid certificate (\*);

Your river log-book (\*).

(\*): you can send these 3 items by email before the start of the course

# Informations and booking:

For further information or to make a reservation, please do not hesitate to contact us:

# R3-France

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# **Swiss Rafting Federation**

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# **REGISTRATION** before March 10, 2024

