



Workshop - exam rafting guide, safety kayak, trip leader

 **DURATION 2 days**



FOR WHO

Course aimed at all those who want to acquire the IRF guide certification.

The IRF Rafting Guide Examination Workshop is a unique course in its field, for those who want to accompany people on the river.

The raft is a vessel that requires specific training;

REQUIREMENT

Good physical health, good swimming skills, experience of raft conduction. Log-book (see table at the end programme*) Valid BLS certificate with a residual validity of 6 months from the date of the examination, Certificate of rescue river course

The program is structured in a total of 2 days of activities. In this period we will run through simulations and scenarios and you will be examined for the achievement of certification. Participation in the two days allows you to be examined for the achievement of:

- Guide (II° - III° - IV°)
- Trip Leader * (BLS-D course of 16 hrs tot required)
- Safety Kayak

TRAINING

Lectures, practical parts with simulations, role-playing. De-briefing, group work.

In order to obtain the qualifications, a Log Book is required that attests to the participant's curriculum with the number and degrees of difficulty of the waterways navigated.

For those who need preparatory preparation for the exam workshop, we recommend participation in the "Training course perfecting rafts", lasting 4 days, which provides training and the issuance of certificates required for the workshop driving test.

INFO & BOOKING

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PROGRAM

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The two days of workshop examination, are proposed with practical tests and simulations in scenarios.

Driving test

The guide must obtain a sufficient score on the following tests

- Driving technique with and without crew
- River reading
- catch eddy
- safety talk
- Overturning and getting back on the dinghy
- Rope throwing
- Swimming
- Hancor, Nodology, mechanical advantage
- IRF Standards
- Customer management and theory lesson
- Written test
- flip test

Trip Leader Examination (TL)

- Demonstration of river guiding and rescue skills and competences
- Identification of river hazards
- Priority setting
- Using the right resources for appropriate decisions
- Communication methods in intervention
- Quality of communication
- Reaction capacity
- Use of appropriate rescue procedures
- Management of an emergency even with the use of the crew
- Management and approach with the victim
- Communication, team/colleague approach

Safety Kayak (SK) Examination

- 1 left side eskimo - 1 right side eskimo
- Recovery of person with kayak in tip, tail, in different techniques
- Transport of 2 people with kayak
- Panic management
- Unconscious management
- Exit from kayak and ascent from stone
- Communication with raft crews from the kayak
- Management of the raft from the kayak (thrust)
- Ascent on the raft in rapid and ferries with raft (with kayak paddle 2 times)
- Technical capacity (demonstrations)
- Positioning in the canoe in relation to the rafts during a descent



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*LOG-BOOK - requirements

| <i>Patent</i> | <i>Level</i> | <i>Minimum experience required</i> |
|------------------------------------|--------------|---------------------------------------|
| <i>rafting guide, safety kayak</i> | 2 | 10 trips or 20 hours on river class 2 |
| <i>rafting guide, safety kayak</i> | 3 | 30 trips or 60 hours class 3 |
| <i>rafting guide, safety kayak</i> | 4 | 50 trips or 100 hours class 4 |
| <i>Rafting trip leader</i> | 2 | 50 trips or 100 hours class 2 |
| <i>Rafting trip leader</i> | 3 | 75 trips or 150 hours class 3 |
| <i>Rafting trip leader</i> | 4 | 200 trips or 400 hours class 4 |



EQUIPMENT

Each participant must have :

- River shoes or similar
- Neoprene wetsuit 5 mm or dry suit with appropriate under-suit clothing
- Homologated helmet + homologated lifejacket with quick release abdominal harness and dissipator
- All technical guide equipment available (4 Hms carabiners, 3 pulleys, 2 ropes or webbing for brakes, flipline, whistle, knife)

For those who do not have a wetsuit, helmet, lifejacket, you can book the rental through the secretariat, indicating height and weight to define the size of the PPE.

It is advisable to bring snacks and drinks based on hydrosaline supplements. It is important to remember that any contraindication in the execution of certain maneuvers must be communicated