

International rafting federation instructor workshop **Nepal 2016**

Date 3rd-8th April 2016

Venue Marshyangdi River, Nepal.

Host Paddle Nepal www.paddlenepal.com

Instructors Jim Coffey & Mark Hirst

Cost \$250 per person

- Includes transport from Pokhara on the morning 3rd and back to Pokhara 5 afternoon 8th all shuttles included.
- Rafts and equipment. PPE Not included.
- All tuition.

Not included

- Flights to and from Nepal
- Accommodation before or after the course
- 5 Nights riverside camping in tented accom at the Mango tree resort. Breakfast & evening meal included \$10 per person per night.
- IRF Admin fees (IRF admin fees waived for neapli candidates.)
- River lunches. Budget max \$10 per day (That's been generous)
- Travel from Kathmandhu to Pokhara & rtn (we can help with booking 6hr bus or 20 min flight)
- Personal insurance
- PPE & Guide equipment.



This will be an intensive course for those wanting to become IRF Instructors. During the week you will have the opportunity to be assessed for the following awards from the IRF GTE scheme.

- Raft instructor class 3.
- Raft instructor class 4/5.
- Safety craft instructor class 3.
- Safety craft instructor class 4-5.
- Raft trip leader class 4-5
- Raft trip leader class 3
- Raft guide class 4-5
- Raft guide class 3
- Safety craft class 3
- Safety craft class 4-5

All candidates need provide the following prior to the assessment

- Advanced first aid certificate including CPR no more than 2 years old.
- Up to date Log Book.

For further reading on the IRF Guide training scheme please have a look on the IRF Website www.internationalrafting.com

For more details on the course please contact Mark Hirst
info@lapinkoskikoulu.com

