



International Rafting Federation IRF

## **IRF Guide Training and Certification Course – Vrbas River, Bosnia and Herzegovina – April, 2011.**

The course is organized for everyone who wants to improve their skills and be certified by IRF.

Location: Bosnia and Herzegovina, Vrbas River class III

Date: 27<sup>th</sup> – 30<sup>th</sup> April, 2011.

Language: English

### **Instructors:**

Davor Kos (IRF Instructor class 4/5)

Aleksandar Pastir (IRF Instructor class 3)

Damir Tomee (IRF Instructor class 4/5)

### **Programme:**

Meeting: **27th April 2011, Thursday 10.00, Karanovac.**

11.00 – 12.00 Introduction of programme,

12.00 – 13.00 Safety briefing, training,

13.00 – 18.00 River training (Paddling techniques, crew management, swimming...)

18.00 - 19.00 Questions and discussion.

### **28<sup>th</sup> of April 2011, Friday**

10.00 – 18.00 Signals, rescue and rope techniques, emergency procedures...

18.00 - 19.00 Questions and discussion.

### **29<sup>th</sup> of April 2011, Saturday**

10.00 – 18.00 Scenario, Advanced Rescue Techniques

18.00 - 19.00 Questions and discussion.

### **30<sup>st</sup> of April 2011, Sunday**

9.00 – 18.00 IRF guide Assessments

**In order to make your guide award current you must provide your Instructor the following:**

1. A current Red Cross first aid certificate (FAC) or equivalent with Cardiopulmonary Resuscitation (CPR). (Less than 2 years old).
2. Log book recording each run, signed by the Trip Leader or Operations Manager of the Company.



## **International Rafting Federation IRF**

**Participation Fee:** 150 Eur

Participation includes:

- Accommodation (campsite with all facilities in Krupa, start point)
- Rafts and paddles
- Transport to the River
- Registration fees of the IRF
- Instructor fees
- Copies of the materials

Participation doesn't include:

- Tents and camping equipment
- Food
- Personal equipment

For reservation and all additional information please contact:

Davor Kos +385 (0)99 5345 900, +385 (0)1 6521 666, [davor@raftrek.hr](mailto:davor@raftrek.hr)