

## **RAFTING GUIDE AND TRIP LEADER TRAINING AND ASSESSMENT**

**Location : Tara River – BiH and MNE , Level III**

**Official dates: 14,15-16.June2017**

### **INSTRUCTOR:**

Alexandar Pastir, Bosnia and Herzegovina - IRF instructor, class 3.

**Local organizer Divlja rijeka , [www.divljarijeka.com](http://www.divljarijeka.com) email: [milan.rudinac@gmail.com](mailto:milan.rudinac@gmail.com)**

### **The training will include the next modules:**

- ✓ Common theoretical part. Safety briefing.
- ✓ Paddling techniques, guiding techniques. Flip and re-flip.
- ✓ Communication in the river. Signals.
- ✓ Rescue and self-rescue techniques. Swimming in the river. Safety rope. First aid.
- ✓ Rope, knots, rope systems.
- ✓ Scenarios and situations in the river.

### **Each participant should have:**

- First aid certification.
- Full equipment (paddle, helmet, life jacket, throw bag, knife, and flip-line).

### **Price and payment:**

The course fee is 150 EUR

### **In order to make your guide award current you must provide your Instructor the following:**

1. A current Red Cross first aid certificate (FAC) or equivalent with Cardiopulmonary Resuscitation(CPR). (Less than 2 years old).
2. Log book recording each run, signed by the Trip Leader or Operations Manager of the Company.

### **IRF guide card and IRF's guide database:**

Those who pass the exam need to be included in the IRF's guide database and receive an IRF Guide Card. Each participant must have paid registration fee to the IRF (guides – 60 USD; trip leaders – 90 USD), present first aid certificate and be more than 18 years old.

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