

IRF WORKSHOP

WWTC.info
WHITE-WATER TRAINING CENTER

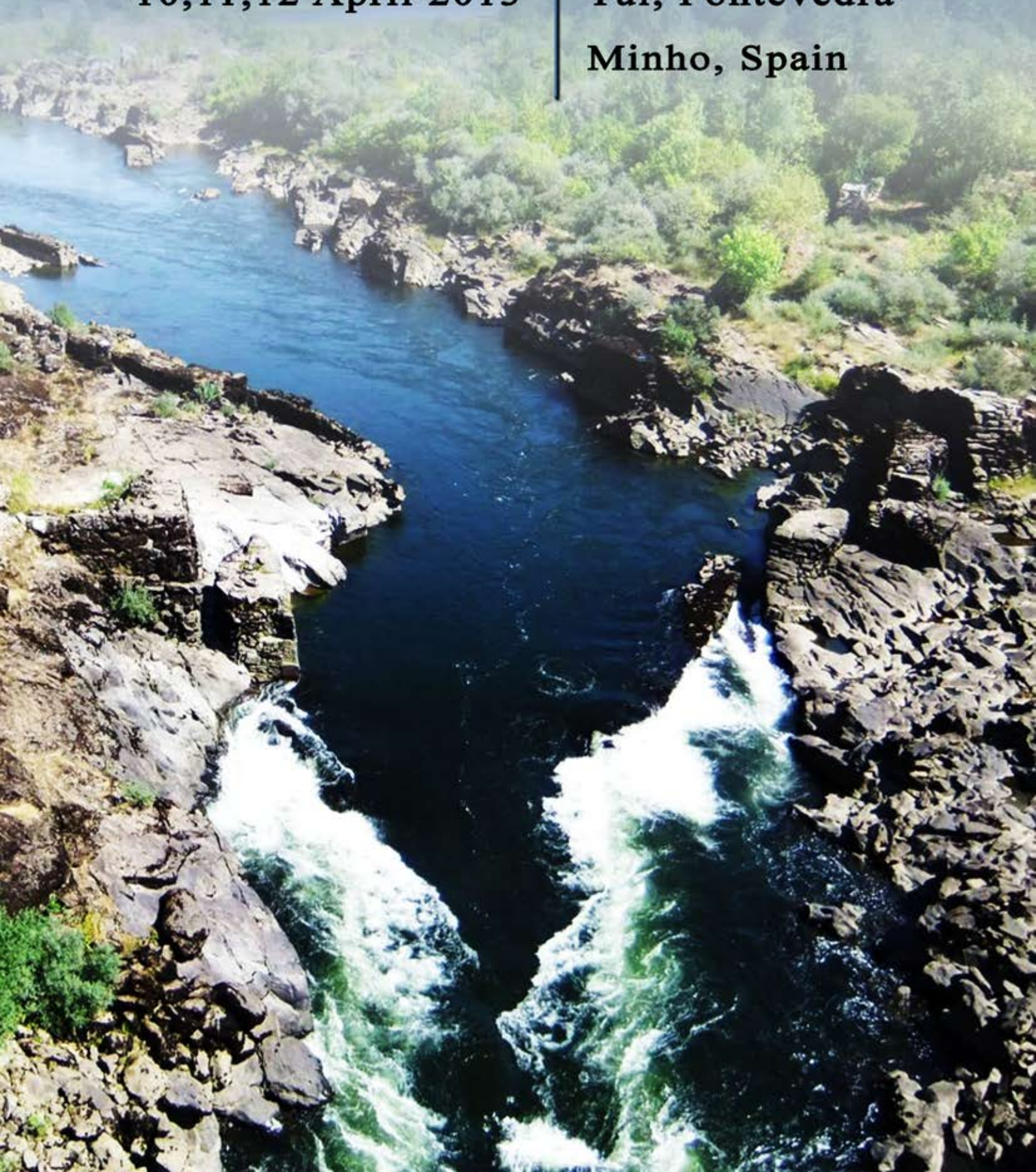

verde azul
AVENTURAS

Guide - Trip Leader - Instructor

10,11,12 April 2013

Tui, Pontevedra

Minho, Spain



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Coordination:

Alejandro Cuéllar Giordano

Asesor: Gaspar Goncz

Organization:

VerdeAzul Aventuras

PROGRAM:

WEDNESDAY April 10th

09:30 Introduction IRF Award Scheme and general information.

10:30 Whitewater Techniques Minho river class III

Guide skills, swimming in rapids, use throw bag, rafting flipping/reflipping, rope techniques, 3:1 and 4:1 Z-drags build with own gear in within 5 minutes.

Safety briefing and boat management.

THURSDAY April 11th

09:30 Handle river Emergency Scenario, maximum 1 hr per candidate.

Trip Leader and Instructor Assessment.

FRIDAY April 12th

09:30 Instructor assessment, accomplish a theoretical lesson within 45 minutes, Trip Leaders and Guides are free to participate for experience.

17:00 End of Workshop.

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GENERAL INFORMATION:

Each candidate has to provide the following documentation:

- Current First Aid's certificate with CPR valid within the last 2 years.
- Logbook with descents signed up by the Trip Leader or River Manager or letter from the company providing description of the river experience.
- ID, Passport for Identification.
- Designated IRF Fee.

Personal equipment:

Each participant must bring along:

- Wetsuit or dry suit, dry jacket or appropriate foot wear for rafting.
- Helmet, rescue PDF with quick-release buckle.
- Guide gear carry on, whistle, river knife, prussiks, carabiners.
- Pen and paper.
- Food



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Address Workshop:

Avd. Portugal, 22 bajo, 36700 Tui, Pontevedra, Spain, GPS 42.04217, -8.647667

FEES: (Workshop + Certification)

1. Workshop: **300 Euros** -with a 50% payment in advanced before April 22nd by cash in VerdeAzul Aventura or Bank Transfer to:

NCG BANCO
C/Compostela, 1- 36700 Tui
Nombre: VerdeAzul Aventuras
CCC: 2080 5066 72 3040012907
IBAN: ES85 2080 5066 72 3040012907
SWIFT: CAGLESMMXXX

2. Certification IRF fee, payment first day (only cash)
 - **40 Euros** Guide
 - **60 Euros** Trip Leaders
 - **100 Euros** Instructor

Registration

Send an e-mail to info@verdeazul.es or call **+34 986 603 287**

Send your personal information: Full Name, ID Number and Phone number.

Your registration will be confirmed once you have paid the 50% (150.00 €) in advanced.

Suggestions for Accommodation in Tui: (2 people)

San Telmo Hotel - Tel: +34 986 60 30 11 ...35€/ night -no breakfast

Alfonso I Hotel - Tel: +34 986 60 70 60... 50€/ night w/ breakfast

Lara Hotel (Valença, Portugal) Tel: +351 251 824 348... 50€/ night w/ breakfast

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SPECIAL CONDITIONS:

Number of Participants:

- The minimum members to participate in this workshop in order to occur is 10 guides.

Qualification:

- Professional Rafting Guides
- Know how to swim aggressively on rapids, good health, good mental and physical conditions.
- Minimum age of 18 years old.

What's included on the price?:

- General Rafting and Safety Equipment.
- Transport to and from the river.
- Official instructor
- Assistance Insurance: No. 1062158 hired with AXA.

What is NOT included?

- Personal Transport from you local city to the meeting point.
- Food and Accommodation
- Any other services within the four descriptions above not mentioned on what is INCLUDED.