



**Alternative Nepal**

*Wilderness Adventure Specialists*



## **INTERNATIONAL RAFTING FEDERATION RAFT CERTIFICATION WORKSHOP FOR CLASS 4/5 GUIDES AND INSTRUCTORS**

**Workshop Dates:** 30<sup>th</sup> November – 5<sup>th</sup> December 2011

**Location:** Bhote Kosi River, Nepal (Grade 3-5)

**Host:** Chura Mani Aryal, Alternative Nepal ([www.alternativenepal.com](http://www.alternativenepal.com))

**Assessor:** Gaspar Goncz, IRF

**Participation fee:** €450

**Pre-departure meeting:** Wednesday 30<sup>th</sup> November, Kathmandu Resort Hotel, Mandala Street, Thamel, Kathmandu.

Alternative Nepal is proud to host the first ever International Rafting Federation Guide Training & Education Certification Workshop to take place in Nepal. This four-day workshop is aimed at experienced grade 4/5 River Guides looking for an internationally-recognised qualification as a River Instructor.

The workshop assessor will be Gaspar Goncz, current IRF Guide Training and Education Committee Chairman and Assessor.

To be eligible for this course you need to have a current First Aid Certificate which includes CPR training; demonstrable experience as a class 4/5 raft guide or hold another raft guide qualification. This workshop is open to both Nepali and international rafting guides.

### **PROGRAMME**

**Day 1-2-3:** On River up to Grade 5 - Raft Guide Assessments – All participants of the workshop are assessed at the Raft Guide Level for the qualification they are going for. i.e. Instructor 4/5 would be assessed on Grade 5 water, Instructor 3 would be assessed on Grade 3 water.

Assessments include:

- Basic Rescue Techniques i.e. A challenging swim, throw bag rescue / recoil rescue, Raft flip drill, any functional 3:1 or 4:1 mechanical advantage system built from their own gear within 5 minutes.
- Rafting Techniques and safety brief for Raft Guide Assessments. Safety Craft brief and Safety Craft handling techniques for Safety Craft assessments including equipment and swimmer rescue.

**Day 3-4:** On River Scenario Handling - Trip Leader Assessment – All Trip Leader and Instructor Participants are assessed at handling an emergency scenario.

**Day 5:** Off River – Instructor Assessment – All Instructor Participants are assessed on providing a presentation on a particular aspect of Raft Guiding.

Anyone attending days 1-2 or 3 are welcome to stay on and participate in the remainder of the workshop for experience and will not have to pay any additional fees.

To determine what level you are eligible to be assessed please refer to the [IRF GT&E Award Scheme](#)

**Participation fee: €450\* + IRF Registration Fees:**

Raft Guide: \$40 USD

Trip Leader: \$60 USD

Raft Instructor: \$100 USD

**Registration:**

For course details and an application pack: [info@alternativenepal.com](mailto:info@alternativenepal.com)

Chura Mani Aryal, Managing Director, Alternative Nepal

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**Deadline for applications: 31st August 2011.**

\*inclusive meals and accommodation on the river only. Excludes costs in Kathmandu and insurance for international participants.