## International Rafting Federation GTE workshop & Rescue 3 Whitewater Rescue Technician Pro combined course Bosnia 2017

Dates: 31st March 2017 - 6th April 2017.

Location: Tara River Canyon, Bosnia

Host: Tara raft (Nearest airports are Podgorica or Sarajevo)

Training provider: Lapin koskikoulu

Instructor: Mark Hirst

Cost €300 per person. (10 places available)

Join us on an early season intensive 7-day course that will give you the Opportunity to gain some excellent training & experience in an amazing Location.

During the course you will have to opportunity to be assessed for the following International rafting federation awards

IRF Raft Guide Class 3

IRF Trip Leader Class 3

IRF Safety Craft Class 3

IRF Raft Guide Class 4

IRF Raft Trip Leader Class 4

IRF Safety Craft Class 4

All candidates will need to provide a full valid first aid certificate including CPR. All candidates will also need to provide up to date logbook or experience letter.







During the first 3 days of the course we will be operating a Rescue 3 Whitewater Rescue Technician Pro. Course.

During the WRT PRO course we will cover the following subjects.

- Rescue 3 philosophy
- Training standards
- River hydrology and hazards (advanced)
- Personal equipment
- Technical and group equipment
- Pre-trip planning
- Risk assessments
- Incident size-up
- Incident management and site control
- Medical considerations
- Operating at night/ in poor visibility
- Introduction to searching rivers
- Communications
- Whitewater swimming techniques (advanced)
- Strainer swim
- Conditional rescues throwbags (advanced)
- Shallow water techniques
- Complex entrapments and cinches
- True/contact rescues untethered
- True/contact rescues tethered
- Line crossing methods
- Tensioned diagonals/zip lines
- Flips, rights and crew/client recovery
- Complex boat pins and wraps
- Tethered boat techniques
- Victim/casualty management
- Knots and anchor systems
- Vector pulls
- Tensioning systems and mechanical advantage
- Simple belay systems
- Boat on a highline (optional)
- Scenarios

The Cost of €300 per person includes the following

- Tuition.
- River shuttles & Rafting equipment. (Personal kit not included)
- Rescue 3 WRT PRO registration pack.
- The cost does not include the following.
- Travel to & from Tara rafting centre.
- Food & Accommodation (available through Tara rafting centre)
- IRF Admin fees
- Personal travel & medical insurance







For registration and further enquiries please contact

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