

# International Rafting Federation workshop

River Sava, Bled Slovenia

Dates: 14.4.2018 – 18.4.2018

Training provider: Fabian Bonanno IRF instructor class IV, Aljoša Horvat IRF instructor class III

4-day workshop plus 1 day for exam

Meeting point: 1A Adventure Hostel, Begunjska cesta 5, 4248 Lesce at 8:30 14th of April to complete the registration papers and get other course details.

During this 4-day workshop, we will work on following topics:

Communication skills, Safety talk, Rafting techniques, Swimming techniques and training in water, Knots, River signals, CLAP, river rescue techniques and trip leader scenarios.

We will adjust timetable to weather and water level conditions.

Each candidate must provide his/her own cold weather personal protective equipment (PPE)

Full 5mm wetsuit or dry suit, Helmet for white water, White water Personal floatation device (PFD) with quick release, River Footwear - Shoes with hard soles and fingers covered with neoprene socks. Carabiners, tubular tape, cord 5 to 6 mm X 2 m. Bring pulleys if available. Notebook, dry bag from 5 to 10 L, small first aid kit, throw bag, flip line. You can rent all equipment in our rafting center, please inform us if you need any piece of equipment.

For passing an IRF award, you must provide the following

- Evidence of a valid minimum 8hr first aid certificate for raft guides & safety kayakers.
- Evidence of an advanced first aid certificate for Trip leaders.
- Full experience up to date logbook.

Please read carefully IRF Guide Training and Education Award System

<http://www.internationalrafting.com/wp-content/uploads/2010/02/IRFGTEAwardSystemv2.2.pdf>

Price for workshop: 220 EUR including raft, paddles pump, classrooms, transport

***Excluding IRF certification award fees***

Accommodation: 1A Adventure hostel (12 EUR per a bed in dorm including free breakfast) please mention that you are participating IRF workshop if you will book accommodation

<http://www.hostel1a.com/indexeng.html>

For further information please contact Aljoša: [info@funturist.si](mailto:info@funturist.si) +386 41 616 889